



Tesomas Scout Camp Menu 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
	Cheesy Scrambled Eggs Tortilla Bacon Diced Potatoes Bar Options: Oatmeal Yogurt Hand Fruit Cereal Coffee, Milk, Juice, Water	Pancakes Sausage Links Bar Options: Oatmeal Yogurt Hand Fruit Cereal Coffee, Milk, Juice, Water	Biscuits & Sausage Gravy Scrambled Eggs Bar Options: Oatmeal Yogurt Hand Fruit Cereal Coffee, Milk, Juice, Water	French Toast Sticks Sausage Patty Bar Options: Oatmeal Yogurt Hand Fruit Cereal Coffee, Milk, Juice, Water	Maple Waffle Sandwich Hash Brown Patty Donut Holes Bar Options: Oatmeal Yogurt Hand Fruit Cereal Coffee, Milk, Juice, Water	Cinnamon Roll Scrambled Eggs Sausage Links Bar Options: Oatmeal Yogurt Hand Fruit Cereal Coffee, Milk, Juice, Water
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
	Pizza Gardettos Smore's Bar Bar Options: Salad Bar Apple Beet Quinoa Salad Hand Fruit Potato Soup Crackers Punch, Milk, Water	Meatball Sub Sandwich Pretzel Nuggets Cheese Sauce Brownie Bar Options: Salad Bar Italian Pasta Salad Hand Fruit Chicken Noodle Soup French Bread Punch, Milk, Water	BBQ Chicken Mac & Cheese Waffle Fries Chocolate Chip Cookie Bar Options: Salad Bar Potato Salad Hand Fruit Broccoli Cheddar Soup Garlic Cheddar Biscuits Punch, Milk, Water	Italian Sausage Sandwich Hot Dog Tater Tots Squincher Squeeze Pop Bar Options: Salad Bar Cowboy Salsa Hand Fruit Italian Wedding Soup Crackers Punch, Milk, Water	Chicken Tenders Cheez Its Rice Krispy Treat Bar Options: Salad Bar Cucumber Watermelon Salad Hand Fruit Chili Cornbread Punch, Milk, Water	
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
BBQ Chicken Legs Augratin Potatoes Roasted Broccoli Homestyle Dinner Roll Confetti Cake Bar Options: Salad Bar Bowtie & Alfredo Bar Hand Fruit Punch, Milk, Water	Beef Tacos w/ Tortillas Spanish Rice Refried Beans Corn Churro Bar Options: Salad Bar Nacho Bar Hand Fruit Punch. Milk, Water		Family Night Pulled Pork Sandwich Corn Pudding Casserole Baked Beans Coleslaw Apple Turnover Punch & Water	Thai Sweet Chili Chicken White Rice Peas Sweet Roll Oreo Dream Bar Options: Salad Bar Baked Potato Bar Hand Fruit Punch, Milk, Water	Country Fried Steak Mashed Potatoes Beef Gravy Carrots Whole Grain Dinner Roll Cherry Orchard Bar Bar Options: Salad Bar Rotini & Marinara Hand Fruit Punch, Milk, Water	